

**UPDATED!
COMMENCES
TERM 2, 2024**

The SNACK SHACK

NOW OPEN EVERY DAY

HOT FOOD

Garlic Bread (V, H)	\$1.30
½ Grilled Cheese Roll (V, H)	\$2.00
Corn on the Cob	\$1.20
Chicken Burger (H)	\$5.00
(Chicken Pattie w / lettuce & mayo)	
Lasagne (H)	\$5.00
Chicken Tender Lunch (H)	\$5.00
(2 chicken tenders, vegie sticks & dip)	
Chicken Tender (H)	\$1.80
Spaghetti Bol (HM, H)	\$5.00
Penne Napolitano (H, HM, V)	\$4.50
Mac & Cheese (HM, V)	\$5.00
Sausage on a Roll (H)	\$3.50
(Fridays only)	

DAILY SNACKS

Custard Cup (HM, H)	\$1.00
Rainbow Cup (V, H, GF)	\$1.50
(Mixed fresh fruit)	
Assorted Fresh Fruit (whole)	\$1.20
Bread Stick (V, H)	\$0.20
Cookies (HM)	\$1.00
Red Rock Deli Chips	\$1.50
Grainwaves	\$1.50
Hot Popsy Popcorn (GF, V)	\$1.30
Sultanas (V, GF)	\$1.20
Bliss Balls (HM, V)	\$1.00
Cake Pops (HM, V)	\$1.00
Veggies & Dip (V, H)	\$1.80
Cheese & Crackers (V, H)	\$1.30
Baked Treats (HM, V, H)	\$1.20
Muffins, Cakes	
Banana Bread	\$2.00

SALADS

Mini Munch: Lettuce, Tomato, Carrot, Cucumber, Beetroot, Cheese	\$5.00
Large Salad (as above) + protein	
Heavenly Ham	\$6.00
Classic Chicken	\$6.00
Tuna Rainbow Salad (as above) with Egg & Tuna	\$6.50
Options:	
Cheese, Egg, Avocado, Pineapple, Mayonnaise, Salad Dressing	

BUILD YOUR OWN SANDWICH

Breads: Wraps/Rolls	\$1.00
Bread (GF available upon request)	\$1.50
Toasted	\$1.00
Salad: Lettuce, Cucumber, Tomato & Carrot	\$0.30
Options: Cheese, Beetroot, Pineapple, Egg, Avocado	\$0.80
More Options: Baked Beans, Tuna, Spaghetti, Ham, BBQ Chicken, Primo Sliced Chicken Meat	\$1.30
Sauces: Tomato, BBQ, Mayonnaise, Sweet Chilli	\$0.50
Spreads: Honey, Jam, Vegemite	\$0.50

RECESS

Raisin Toast	\$1.80
Garlic Bread	\$1.30
Grilled Cheese	\$2.00
½ Grilled Ham & Cheese Roll	\$3.00
Smoothie (Summer)	\$3.00
Hot Chocolate (Winter)	\$1.80
Cheesy Garlic Bread	\$2.20

DRINKS

Poppers (Apple, Orange, Apple & Blackcurrant)	\$1.80
Plain Milk	\$2.50
Oak Milk	\$2.50
(Chocolate, Strawberry)	
Hot Chocolate	\$1.80
Water	\$2.00
Mineral Water	\$2.00
Glee	\$2.30
(Tropical, Grape, Raspberry, Blackcurrant)	

FROZEN ITEMS

Quelches Fruit Tubes	Half \$0.30	Whole \$0.60
Frozen Juice Cups	\$1.40	
Frozen Fruit (Watermelon)	\$0.60	
Frozen Orange Pieces	\$0.10	
Moosies	\$1.20	
Slushies	\$2.00	
Juicies	\$1.00	
Milk Pops	\$0.20	
Twisted Mini	\$1.80	
Custard Cups (HM)	\$1.00	
Snap Stix	\$0.80	

LUNCH BAGS ARE 20c

WINTER SPECIALS

MONDAY



Chicken Noodle Soup (HM, H)
\$4.50



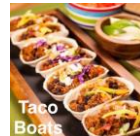
Sushi
\$5.00

TUESDAY



Cheeseburger (HM, H)
\$5.00

WEDNESDAY



1 Taco Boat meal with vegie sticks \$4 (small)
2 Taco Boats with vegie sticks \$7.00 (large) (HM, H)

THURSDAY



Sushi
\$5.00

The SNACK SHACK

NOW OPEN EVERY DAY

VOLUNTEERING AT THE SNACK SHACK

Are you interested in volunteering or want to find out more:

Contact Miss Larah, Canteen Manager: 0409 106 573
between 9.00am – 2.00pm.

Alternatively, email Larah at pananiapscanteen@gmail.com

Can you spare just FOUR hours a month to volunteer at the Snack Shack between 9.30am and 1.30pm?

That's all it takes! We have many parents and grandparents who volunteer and would love to welcome you! Meeting other parents and teachers is a great way to connect with the school community and your children will LOVE having you at school for the day.

Volunteers contribute to the smooth running of the canteen and support the provision of a valuable service for all families.

CANTEEN MANAGER

Our Canteen Manager is responsible for the day to day running of the canteen, including organising rosters, ordering food items, cash handling and hygiene standards. The Manager is supported by a canteen committee (with the P&C President and Principal as ex officio members) where decisions on the menu, other organisational matters and treat days are made.

This Committee reports to the P&C each month.

CANTEEN MENU

Our menu has been developed in line with the NSW Healthy School Canteen Strategy. Menu items have been labelled according to this review.

ALL ITEMS ON THE CANTEEN MENU ARE EVERYDAY HEALTHY CHOICES with the exception of the following items which are classified as occasional foods:

- Chicken tenders
- Custard cup
- Breadstick
- Homemade cookies
- Baked treats
- Honey, jam & Vegemite spreads
- Raisin toast
- Hot cocoa
- Slushies
- Frozen yoghurt

PLEASE NOTE THE FOLLOWING ABBREVIATIONS:

GF – Gluten Free

HM – Home Made

H – Halal

V -- Vegetarian

TYPES OF SUSHI

MINI SUSHI: Cucumber, Avocado, Teriyaki Chicken, Cooked Tuna

LARGE HANDROLL: Cooked tuna and Avocado, Teriyaki Chicken, Chicken Schnitzel, California

PLACING AN ORDER

AN ORDER CAN BE PLACED EITHER ONLINE OR VIA THE TRADITIONAL PAPER BAG

Online orders can be placed through our Munch Monitor website www.munchmonitor.com. Detailed instructions can be found on the school website under 'school notes'.

PAPER BAG: Order should be clearly written on the paper bag, stating the child's name and class, order details and total amount with money enclosed.

If you do not have a paper bag please include an extra \$0.20.

Please remember the following:

- Lunch & Recess orders should be written on separate bags
- Individual order bags for each child in the family
- Students need to drop their order in the **BLACK DROP BOX located at the CANTEEN BEFORE THE BELL RINGS IN THE MORNING**

OPERATION HOURS

THE CANTEEN OPERATES 5 DAYS PER WEEK

Students are able to come to the canteen during recess or lunch to purchase items.